

# SELF REGULATION AND THE GIFTED LEARNER



**Joanna Thackwray**

**Pediatric Occupational Therapist**

**What is self-regulation and why is it important in order for your child to be ready to learn?**

In this presentation, we will explore ideas to assist your child in learning self-regulation strategies that will help them learn to manage their emotions, attention, and thoughts so that they can focus, maintain positive peer relationships and work towards their academic goals in the classroom and at home.

Joanna is a Pediatric Occupational Therapist who graduated from the University of British Columbia. With over 20 years of experience working with children in schools and in the community, she works as the Occupational Therapist at Choice School as well running her own pediatric private practice in Richmond, BC. She loves working with neuro-diverse children supporting them in developing their skills in the areas of executive functioning, self-regulation, sensory processing, written output, and social emotional thinking, in order to assist them in being successful in the home, community and school environments.

**Date: March 11, 2025**

**Time: 6:00pm-7:00pm**

**Location: Choice School Gym**

**20451 Westminster Hwy, North, Richmond BC**

**Please RSVP for this event by using this link : [RSVP](#)**

**Child care will be offered, please include how many children and their age in your [RSVP](#)**