

You are invited to attend:

Choice School's Gifted Lecture

Presented by: Joanna Thackwray, OT

## Sensory Strategies for Self-Regulation at Home and at School



This presentation will provide an introduction to the theory of sensory integration and explore some sensory strategies that can be used to help students learn how to regulate their attention and behavior both at home and at a school.

An introduction to the "Alert Program" will be shared with parents so they can support their child's learning about self-regulation at home using the same language that is being taught at Choice School.

Joanna Thackwray is a Pediatric Occupational Therapist who graduated from the University of British Columbia. She began her career in pediatrics at The BC Centre For Ability in Vancouver where she worked both in the Early Intervention Program (0 - 5 year old) and in the School Therapy Program in North and West Vancouver. She currently works as the Occupational Therapist at Choice School as well running her own pediatric private practice in Richmond, BC.

She has worked extensively with children who have difficulties with executive functioning, emotional regulation, sensory processing and motor coordination, in order to assist them in being successful in the home, community and school environments.

Joanna provides occupational therapy to the children she works with, and consults with parents and educators to help develop appropriate accommodations, programming and classroom environments to support individual student differences.

Where: Choice School for Gifted Children, 20451 Westminster Hwy, Richmond, BC, V6V 1B3

When: Wednesday December 4, 2019

Time: 6:00 pm-7:30 pm

To RSVP for this event, please email: [office@choiceschool.org](mailto:office@choiceschool.org) or call 604-273-2418

Childcare will be provided for school aged children.

[Please RSVP to the office if you need child care.](#)