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NEWSLETTER No. 16-05

Thursday, November 10, 2016

Principal's Message

Today the students assembled in a ceremony to honour our country's peace and freedom and to recognize our armed forces veterans who sacrificed so much to make our world a better place. We were proud of our students who listened respectfully to our guest speaker, Mr. Tony Spierings, as he shared stories of his childhood in wartime Netherlands. We thank each student for his or her contribution to our assembly, Mr. McLaren for the wonderful music, Mr. Sargeant and Mrs. Cathy for assembling the Peace Pole, Class E and Mr. Thomas for setting up the gym, and especially Ms King who led the organization of this rich and meaningful morning. Students were also fortunate to have a visit in the afternoon from Petty Officer Loy, who spoke with each class and answered questions about life in the Royal Canadian Navy.

It seems most appropriate at this time that we consider our roles and responsibilities as community members of the present and global citizens of the future. Next Wednesday morning, on our return from Reading Break, students will gather while Mrs. Walli shares the "Bucket Filling" challenge with which the primary students have been working. Teachers will invite the older classes to take up the challenge of filling each other's buckets with kind words and actions, and continuing to make Choice the happy place we know and cherish. It's time as well for our Sam Awards to return, with a focus on the virtues that our Choice School Code of Conduct exemplifies: Kindness, Courtesy and Respect.

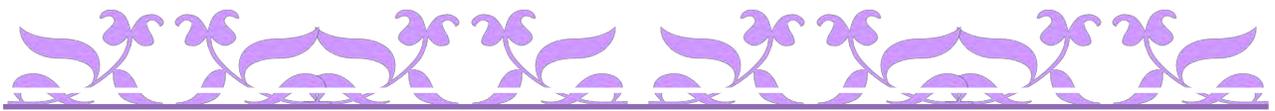
Please have a conversation with your child this weekend about why it is essential that we continue to be guided by these values, and how important it is that they grow up to become global citizens who contribute their voices to creating a tolerant and peaceful world.

I hope you have well-deserved time together as a family during our November reading break. We'll look forward to seeing the students back next Wednesday morning.

With kind regards,

Lynn





Reminders

- Nov. 11, 2016 Remembrance Day (school not in session)
- Nov. 14-15, 2016 Reading Break (school not in session)
- Nov. 18, 2016 PAC Meeting (8:45 AM)
- Nov. 21, 2016 Gifted Lecture: Joanna Thackwray, OT (6:30 PM)
- Nov. 24, 2016 Green Thumb Theatre at Choice (9:15 AM)
- Nov. 25, 2016 Open House (9-11 AM)
- Nov. 30, 2016 Class B & C Field Trip to Museum of Anthropology



November Birthdays

This month, we wish a very Happy

Birthday to:

Brendan (Nov. 16)

Lucas (Nov. 20)

Ryan B (Nov. 30)

**The Board of Directors AGM
Report is available at the office
if you would like a copy.**

REMINDER TO PARENTS

We believe that the Choice uniform is an important aspect of our school, and its wearing creates a sense of belonging and pride among our students. Please ensure that your child wears his or her uniform to school every day.



You are invited to attend our Gifted Lecture Series

Monday, November 21, 2016 at 6:30 PM at

Choice School for Gifted Children

20451 Westminster Highway N

Richmond, BC V6V 1B3

Joanna Thackwray: Introduction to Executive Functioning



Joanna Thackwray is a Pediatric Occupational Therapist who graduated from the University of British Columbia in 1999. She began her career in pediatrics at The BC Centre for Ability in Vancouver where she worked both in the Early Intervention Program (0 - 5 year olds) and in the School Therapy Program in North and West Vancouver. She currently works as the Occupational Therapist at Choice School for the Gifted, as well as running her own pediatric private practice in Richmond, BC. Joanna has worked extensively with children with a variety of learning challenges, and has a professional interest in working with children with difficulties with executive functioning, emotional regulation and sensory processing in order to assist them in being successful in the school environment. Joanna provides occupational therapy to the children she works with, and consults with parents and educators to help develop appropriate accommodations, programming and classroom environments to support individual student differences.

The presentation will provide an introduction to executive functioning, explain why executive functioning skills are important, why some gifted learners struggle with executive functioning, and provide some suggestions about how parents can support their children in learning executive functioning skills.

**Admission is free and free childcare is provided.
Please RSVP: 604-273-2418 or office@choiceschool.org**

FUNDRAISER MOVIE MORNING

Presented by

HOLLYWOOD CINEMAS & Choice School
For the Gifted and Exceptional
www.hollywoodcinema.ca

Date: Saturday, November 26, 2016
At: Doors open 9 am for the **Bake Sale.**
Movie Starts at 10 am
Where: 7125, 138 St, Surrey, (in the Safeway Plaza)

Baked goods on sale at site



Ticket
\$10.00

Admits 1
and
includes popcorn and drink

Tickets available at the
Office

Call for more information
Salima - 778-878-7253

*100% of ticket sales go directly to Choice School PAC

Big Buddy & Little Buddies





Choice School's Food Drive for the Greater Vancouver Food Bank

Beginning on Oct. 31, 2016, Choice School will be taking part in a Food Drive. The Greater Vancouver Food Bank's stores are at their lowest levels in over 30 years, and Choice School wants to do our part to help our community by collecting donations of high quality, nutritious foods for families and individuals in need.

Class E will be presenting on Food Security in BC and basic nutrition to the younger grades, making posters to advertise, and decorating boxes for food donations. At the end of the Food Drive, Class E will take a field trip to the Food Bank and spend the morning volunteering in the warehouse, organizing food stores and learning about how the Food Bank operates.

The Top 10 Most Needed Items, according to the Food Bank, are:

- 1) Canned Fish (Salmon or Tuna)
- 2) Canned Meat (Turkey or Chicken)
- 3) Canned Beans (Black Beans, Chickpeas, Kidney Beans)
- 4) Hearty Meals (Canned Soups, Stews, and Chilis)
- 5) Nut Butters (100% Natural Almond, Peanut, or Cashew Butter)
- 6) Pasta (uncooked and packaged)
- 7) Rice (uncooked and packaged)
- 8) Whole Grain Breakfast Cereals
- 9) Canned Vegetables
- 10) Canned Fruit (Packed in its own Juice or Water)

Donation boxes are currently set up in my office. If you are able, we ask that you please bring a food donation with any of the items on this list if you are attending Choice School's Remembrance Day Assembly, PAC Meetings, etc. or any other day you happen to be at Choice! Boxes will be set up until the end of November/beginning of December.

Thank you all for your support!

-Shaheen

